COMPREHENSIVE HEALTH

Standard 1: Students comprehend concepts related to health promotion and disease prevention

Readiness
- Identify elements of the environment that affect personal health
- Understand the body needs nutrients for energy, growth and body maintenance

Foundations
- Describe the basic structure and functions of the human body systems

Standard 3: Students demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

Readiness
- Identify basic personal health needs and the roles exercise, nutrition, hygiene and relationships plays in maintaining them

Standard 5: Students demonstrate the ability to use interpersonal skills to enhance health.

Readiness
- Identify a need, want and feeling

LANGUAGE ARTS

Standard 1: Students learn and effectively apply a variety of reading strategies for comprehending, interpreting and evaluating a wide range of texts including fiction, nonfiction, classic and contemporary works.

Readiness
- R-R5. Comprehend the meaning of simple written selections, using prior knowledge, letter/sound relationships and picture clues

Standard 2: Students effectively use written language for a variety of purposes and with a variety of audiences.

Readiness
- W-R1. Relate a narrative, creative story or other communication by drawing, telling and writing.
- PO 3. Create a message by drawing, telling and/or emergent writing

Foundations
- W-F4. Gather, organize and accurately, clearly and sequentially report information gained from personal observations and experiences such as science experiments, field trips and classroom visitors
- W-F5. Locate, acknowledge and use several sources to write an informational report in their own words

Standard 3:  Students effectively listen and speak in situations that serve different purposes and involve a variety of audiences.

**Readiness**
- Share ideas, information, opinions and questions

**Foundations**
- Give and follow multiple-step directions

Standard 4:  Students use a variety of visual media and resources to gather, evaluate and synthesize information and to communicate with others.

**Readiness**
- Recognize and respond to visual messages such as logos, symbols and trademarks
- Create visual representations of personal experiences through media such as drawing, painting, acting and puppeteering